



The Specialists

Ever wondered why they're called "plastic" surgeons?

'Plastic' is taken from a Greek word 'plastikos' that means 'to shape or mould'.

Plastic Surgery is a specialized type of surgery which requires years of training. In New Zealand, a plastic surgeon will undergo an average of 16 years of training before becoming fully qualified. They can then offer the full range of appropriate techniques to deal with the complications involved with knowing the anatomy and carrying out surgical procedures.

New Zealand and Australia have a very high standard of plastic and cosmetic surgical training. The many professional plastic surgery specialists in Australasia set the benchmark for the industry and maintain the highest standards in their field.

NAHAIA ACTIVE ORGANICS™



Nahaia Russ N.D

"We've merged nutritional science, alchemy and cosmetic chemistry to create a new paradigm in beauty. We call it **nutritional chemistry with consciousness** using only certified organic food-derived ingredients, substances the body recognises as nutrients along with a unique "Micro Vita Love".

Professional Organic Skin Care

Active & Organic!

Nahaia Active Organics Skincare contains natural and organic ingredients including nutrients such as vitamin C, peptides from botanicals, colloidal gold, energised water infused with organic herbs, organic oils & fruits.

Registered Naturopath & Medical Herbalist Nahaia Russ N.D, has spent 7 years engaged in comprehensive research & development with a unique objective in mind:

- To create skin care that is not only pure, but also actively efficient!
- Powerful blends that deliver real results backed with tests verifying their efficacy in naturally purifying, clarifying, hydrating, relaxing and protecting the skin.

With sumptuous textures and exquisite natural fragrance and oil blends, the products are a luxury to use, while being free of parabens, animal derivatives, sodium laurel sulphates or any ingredients prohibited by 'Eco Cert' Organic Standards.

Each product has been perfected in the lab by Nahaia herself and incorporates her exclusive preservative formulation, giving them a four year shelf life; an astounding achievement for natural skin care.



For a free brochure, retail and distributor opportunities – www.nahaia.com or Freephone: 0800 233 869

Love

Transform

Nurture