

There is nothing so much fun to this girl as trying out a new, gorgeous, luxurious skincare range. As I'm getting older my skin is becoming delicate, a fairly clean diet means any junk I use, I soon know about it and having used so many ranges over the years to sort out skin issues means my skin is super sensitive. While this means it can freak out – it also means that it delights and blooms instantly to a range that really works...and this range, filled all it's promises.

Pure, organic, potent and incorporating every naturopathic angle there is from phyto-nutrients and concentrated fruit and botanical extracts (including NZ Natives) blended to synergistic and Ayurvedic principles. Add to that charged mix, "living water", colloidal "gold" and essences of shells to imbibe love and contentment...I'd call that magic.

This was reviewing at it's speediest. I had ten days to try out eight products.

#### Anti-Aging and Hydrating Pack (normal - dry skin)

Coconut Cream (Purifying Cleanser), Radiant Light (Hydrating Serum), Botrix-Me (Smoother Lines Moisturiser)

I loved this pack and saw results straight away. The products smelt herby and fresh, just what I would have imagined native plant extracts would smell like. The surprising result for me was the noticeable difference on my forehead. I don't have lines but my brow definitely looked "calmer".

Whether that was plumped up or smoothed out, I'm not sure, but I kept going back to the mirror to check out my now lovely forehead. And yes, there was definitely a sense of wellbeing.

#### Cleansing and Renewal Pack (normal - problem skin)

Grape Cleanse (anti-oxidant cleanser), Enzyme Joy (Renewal Exfoliant), Ultra Fade (Enzyme Moisturiser).

It took me a couple of days to get used to the smell of the cleanser, I loved the exfoliant and moisturiser. Citrisy, powdery, minty and fresh, it left my face feeling warm in the most delightful way.

Not part of the packs, but part of the range were the Intensive C (Renewing Moisturiser – potent Vit C and nutrient enriched) and the Liquid-Gold (Nourishing Oil – organic rosehip oil, colloidal gold and beta carotene). These I used a bit haphazardly but are probably my favourite products.

The whole range is imbued with shell essences and living waters of love and I felt it in all the range, but in this combination I felt it most. It sounds funny but it felt like my skin, musculature and emotions were all lifted and firmed. Such was the sense of peace that unpleasant thoughts slipped away and the “whole” of me was happy to go and sit at my usual time of meditation. A rare thing, - there is usually some part of me kicking off.

Nahaia Russ N.D, Naturopath and creator is a supporter of SAFE and plans to donate to their work from the profits of her range. Initially formulated for salon treatments, with the packs sold from selected stores, she also has plans to produce another lower end range for health food stores.

End

SAFE's Cruelty Free store will be one of the first in NZ to be stocking some of the Nahaia range; namely the hydrating packs and the cleansing and renewal packs. <http://www.choosecrueltyfree.org.nz/>

You can **go into the draw to win** a an anti-aging hydrating pack by emailing us on [Amanda@safe.org.nz](mailto:Amanda@safe.org.nz).

The winner of our last Vede and Crede pack draw is Maya Hammarsal